

# VOICE TRAINING

## **Who should attend?**

Anyone who speaks too softly, too fast, mumbles, has vocal tics (uptalk, vocal fry), finds their voice monotone or too high pitched, or experiences vocal and breathing strain.

## **Training components**

- Understanding your voice
- The power of the breath
- The secrets of correct voice placement
- Projection and stamina
- Tone and resonance
- Relaxation
- Confidence building

**Each training session is uniquely customized to your needs and lasts 90 minutes. During the sessions, you learn to apply simple techniques through text, simulations and role-playing.**

- Uncover the latent qualities and power of your voice.
- Sound clear, confident, commanding.
- Be relaxed.
- Get your point across.
- Enjoy the sound of your voice!

**Cost:** Packages available for 3 or more sessions. Training can often be reimbursed by your employer, so please do ask for a proposal and quote!